16: Lee E-5 (1963-1965) 1966 FX10 Bushmen FX10
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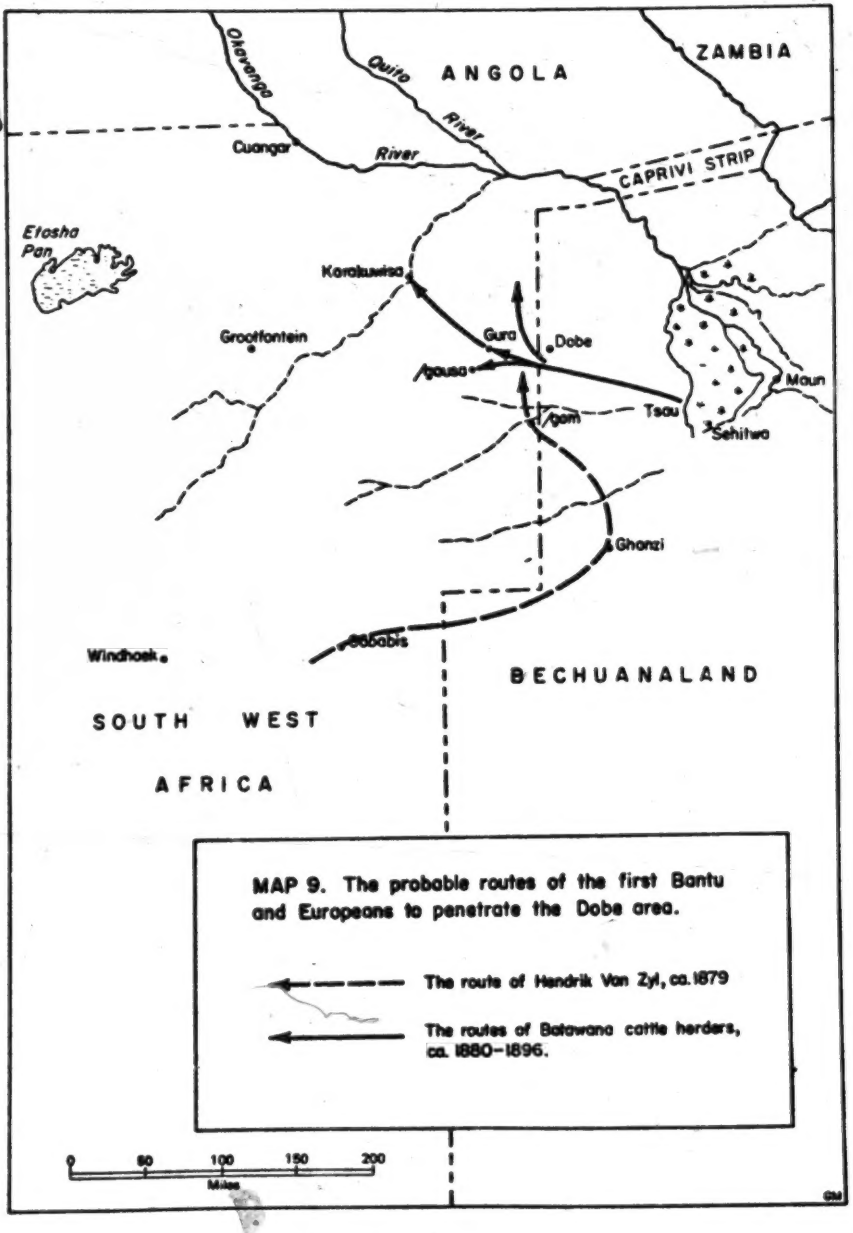
102
133
167
648



2: Schapera E-4, 5 (no date) 1930
FX13 Hottentot FX13
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the game. In the more arid parts the animals in the dry season concentrate in vast numbers about the rivers and waterholes and pans, to disperse widely as soon as the rains make life possible elsewhere. The same features of alternate concentration and dispersal can be observed in the life of the purely hunting tribes. The pastoral resources are on the whole excellent, there being no lack of grass or edible shrubs even during the dry season, and consequently cattle-keeping peoples are able to lead a favoured existence in these uplands. Agriculture is also practised to some extent, but is confined to the scattered alluvial tracts. As a means of subsistence it is rendered precarious by the frequent droughts which characterize the region. These often exercise a harmful effect on pastoralism as well, partly because of the ensuing lack of water, but mainly because the pasture is completely destroyed in many parts of the country. The plateaus of the Orange Free State, Cape Province, and Southern Bechuanaland are especially exposed to such catastrophes, but they are often enough marked in South-West Africa also, particularly in Great Namaqualand.

Further east and along the south coast the rainfall is high enough to place cultivation on a safe footing, while the country, where it is not covered with bush or forest, is composed of extensive grass flats which can be used as pasture land. Consequently, both agriculture and pastoralism are equally developed, the former being carried out on a far greater scale than in other parts of South Africa. Here, therefore, we find the most thickly settled zones, and the population is mainly sedentary, even although the pastoral tribes must still to some extent lead a nomadic life.

Migration Routes

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The geographical situation of South Africa has an obvious bearing upon the racial history of the country. Cut off by vast uninterrupted stretches of water from ready access on the west, south, and east, its most direct link with other regions is overland to the north. In the north-west the great forest regions of the Congo impose an effective barrier upon extensive human migrations, so that it is principally from the north-east that invading peoples have been able to enter the country.[1] The East African highlands are connected with the south by a favourable route passing between the escarpments in the east with their sharp descent to the fertile but fever-stricken coastlands,

[1] Cf. Passarge, *Z. Ges. Erdk. Berlin*, 1905, pp. 32–3; *idem*, *Südafrika*, pp. 163–7.

2: Schapera E-4, 5 (no date) 1930
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Bushmen FX10

and the elevated ridges and plateaus of Central Africa. The route bifurcates north of Lake Nyasa. The eastern branch leads to the broad coastal belt of the Rovuma-Rufiji region and down to the Zambesi delta, the western branch to the diversified plateau between Lakes Nyasa and Bangweolo and the Zambesi River.

This diversified plateau region is important as the central point from which migration routes branch out into South Africa. Two principal routes may be distinguished, one leading to the south, the other to the west. The southward route, crossing the Zambesi just above or just below the famous gorge which begins at the Victoria Falls, leads through the Matabeleland plateau of Southern Rhodesia into the Northern Transvaal, avoiding the unhealthy coastlands of Portuguese East Africa on the east, and the waterless tracts of the Middle and Southern Kalahari on the west. Then, following the uplands of the great interior plateau, it leads down through the Western Transvaal and Orange Free State into the west of Cape Province, or, branching off through Zululand, passes along the south-east and south coast belt to rejoin the other line in the Cape Province. The westward route follows the southern equatorial watershed between the two well-watered regions of the Congo basin and the Northern Kalahari and so leads to the fertile and healthy highlands of Angola. Here it branches out on the north to Loanda and the Lower Congo, on the south over the Kunene into the highland plateaus of South-West Africa and across the Orange River into the Western Cape Province, where it meets the southward route.

These are the main lines of migration imposed above all on cattle-keeping peoples. The high steppes afford the best pasture and facilitate movement, and in addition are more healthy for men and animals than the low-lying coastlands or the moister portions of the interior with their malaria, tsetse fly and other infectious diseases. One other point must be noticed. South Africa by virtue of its geographical situation forms an ethnological cul-de-sac: the ocean on three sides bars all further progress. Hence invading peoples must either wipe out their predecessors completely or live side by side with them, the latter a condition likely to result in intermingling and the formation of hybrid races and cultures. Both processes have occurred frequently enough in the history of the country.